

https://doi.org/10.1093/hropen/hoaf016 Advance Access Publication Date: March 25, 2025

Letter to Editor

Defending access to reproductive health information

Sir

Recent events in the USA serve as a stark reminder of the precarious nature of access to evidence-based information on sexual and reproductive health and rights (SRHR). Beginning just hours after President Trump assumed office, government-led efforts have rapidly and systematically dismantled vital sources of information. For example:

- The new administration removed the entire governmentrun website ReproductiveRights.gov. This website provided important resources and information on reproductive health care and abortion access.
- References to abortion-related policies that protect care, specifically those that safeguard access to care, have been completely erased from The Department of Health and Human Services website.
- Contraception guidelines, LGBTQ+-specific HIV testing information, and entire sets of research data from the Centers for Disease Control and Prevention website have been removed
- All mentions of Health Insurance Portability and Accountability Act (HIPAA) protections for reproductive health care have been removed from the website, which will make it more difficult for patients to understand and advocate for their privacy rights (Centre for Reproductive Rights, 2025).

The systematic erasure of reproductive health information and research data is not just a policy shift—it is a direct assault on human rights and public health. The attack on the health and research community (The Lancet, 2025) with the banning of words (van Daal et al., 2025) has serious consequences. These actions do not only restrict access to critical knowledge-enhancing information but also have the potential to exacerbate health inequalities. In the short term, they can reduce access to healthcare, information, and resources, especially for disadvantaged groups. In the longer term, they deepen systemic disparities, making it even harder for these groups to achieve good health outcomes.

Funding and research on reproductive health are already being impacted (American Society for Reproductive Medicine, 2025). When evidence-based sources of information disappear, they are easily replaced with misinformation, fearmongering, and a potential infodemic (Grace et al., 2023). This disproportionately harms those already facing barriers to good healthcare: women, young people, low-income communities, LGBTQI+ individuals, and racial minorities. The potential consequences are dire, including increased rates of unintended pregnancies, unsafe abortions, and the spread of preventable diseases, as well as

limited access to reproductive options and treatments (Harman, 2025). The suppression of accurate, science-based information leaves individuals unable to make informed choices about their bodies and health, undermining autonomy and wellbeing on a global scale.

These alarming developments underscore the urgency of global efforts to safeguard access to independent, evidence-based reproductive health education. The International Reproductive Health Education Collaboration (IRHEC), a multidisciplinary global initiative within ESHRE, is dedicated to improving reproductive health education (IRHEC, 2025). We strongly oppose the current censorship of crucial reproductive health information and reaffirm our commitment to ensuring that various stakeholders including individuals, healthcare professionals, educators, and policymakers continue to have access to scientifically accurate SRHR information and educational resources. In line with the World Health Organization, our goal is to bridge information gaps and reinforce reproductive health as an essential human right (WHO, 2025).

We must collectively raise our voices against these restrictions and censorship, recognizing the dangerous precedent being set, even in long-standing democracies. The removal of critical reproductive health information from public access is not merely a domestic issue; it represents a global threat to reproductive health and rights. Through this letter, we urge the medical and scientific communities to stand firm in defending the integrity of SRHR information and advocating for transparency, education, and evidence-based policy. Failing to act risks jeopardizing decades of progress in reproductive health, endangering the lives and freedoms of millions.

Conflict of interest

The authors have no conflict of interest to declare.

Maria Ekstrand Ragnar (1)^{1,*}, Karin Hammarberg (1)², Alexandra Carvalho (1)³, Ilse Delbaere (1)⁴, Anita Fincham (1)⁵, Joyce Harper (1)⁶, Münevver Serdarogullari (1)⁷, Mara Simopoulou (1)⁸, Christiana Antoniadou Stylianou (1)⁸, Randi Sylvest (1)⁹, Bola Grace (1)⁶, On Behalf of the International Reproductive Health Education Collaboration (IRHEC)

¹Department of Health Sciences, Faculty of Medicine, Lund University, Lund, Sweden

²School of Public Health and Preventive Medicine, Monash University, Melbourne, Australia

³Reproductive Medicine Unit, Gynecology, Obstetrics,

Reproduction and Neonatology Department, Unidade Local de Saúde de Coimbra, Coimbra, Portugal

⁴Health Promotion, VIVES University of Applied Science, Kortrijk, Belgium

⁵Fertility Europe, Evere, Belgium

⁶UCL EGA Institute for Women's Health, University College London, London, UK

⁷Department of Histology and Embryology, Faculty of Medicine, Cyprus International University, Northern Cyprus, Turkey ⁸Department of Physiology, Medical School, National and Kapodistrian University of Athens, Athens, Greece The Fertility Clinic, Department of Gynecology, Fertility and Obstetrics, Copenhagen University Hospital - Rigshospitalet, Copenhagen, Denmark

*Correspondence address. Maria Ekstrand Ragnar, Department of Health Sciences, Faculty of Medicine, Lund University, Box 117, 22100 Lund, Sweden. E-mail: maria.ekstrand_ragnar@med. lu.se http://orcid.org/0000-0003-4735-6162

References

American Society for Reproductive Medicine. STATEMENT: Infertility Patients and Physicians Object to Latest Threats to Medical Research, 2025. https://www.asrm.org/news-and-events/asrm-news/press-relea

- sesbulletins/Statement-asrm-resolve-threats-to-medical-research/ (28 February 2025, date last accessed).
- Centre for Reproductive Rights. One Month of Trump 2.0: Amidst All the Chaos, Attacks on Reproductive Health and Rights, 2025. https://repro ductiverights.org/trump-first-month-reproductive-rights/ (7 March 2025, date last accessed).
- Grace B, Shawe J, Stephenson J. A mixed methods study investigating sources of fertility and reproductive health information in the UK. Sex Reprod Healthc 2023;36:100826.
- Harman S. We must fight even harder to protect women's health in the era of Trump and the global right. BMJ 2025;388:r459.
- International Reproductive Health Education Collaboration (IRHEC). 2025. https://www.eshre.eu/IRHEC (7 March 2025, date last accessed).
- The Lancet. American chaos: standing up for health and medicine. Lancet 2025;405:439.
- van Daal M, Milota M, Jongsma KR. Why banning words in medical research is bad news for everyone. Nat Med 2025, 10.1038/ s41591-025-03596-9
- WHO. Sexual and Reproductive Health and Rights, 2025. https://www. who.int/health-topics/sexual-and-reproductive-health-and-right s#tab=tab_1 (7 March 2025, date last accessed).